

New Year - Big Changes Afoot

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The new year signals some exciting new changes to WorkoutWithWii.com. Wii sales continue to soar and our traffic has started to spike. We have already started changing the sites look. We went with a bigger font and will continue to work on making the site more readable on the Wii Opera Browser.

As of today, we are pleased to announce our new Comment System which allows readers to discuss the article and news items we publish in context of the posting. We also started segmenting the news. There is a new Health and Fitness section where you can find articles specifically about physical fitness and the Wii. We will also be updating the graphics and maybe even a new site logo.

When we started WorkoutWithWii, one of the intentions was to get input from personal trainers and nutritionists. We are actively working and hope to make an announcement sometime soon.

Lastly, the real genesis of this site was the idea that we had when we first saw the Nintendo Wii. That thought was that the physical nature of playing the Wii was a great way to get a workout and could be part of a successful weightloss program. I have been waiting until the first of the year to embark on my official quest to document a Wii Weighthloss Program. I am proud to announce that I have started it as of today. So keep tuned to this website for information on my daily workouts and progress updates.

We wish everyone a happy new year and a health and fit 2007!

-S Warley